Pneumocephalus as a Cause of Postoperative Headache

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A 53-year-old woman presented to our emergency department with headache 7 days after an endoscopic endonasal skull base surgery with a transnasal transsphenoidal approach for pituitary adenoma. Clinical examination at the time of admission revealed normal findings; her Glasgow coma scale was 15 and all other vital signs were normal. There was no focal neurological deficit on central nervous system examination. Noncontrast head CT demonstrated bifrontal and convexial (intrahemispheric) intracranial air, also known as pneumocephalus (-1000 Hounsfield units), on the bone window. There was no midline shift (Figure 1-3). She was referred to the neurosurgery clinic and admitted to the clinic for repair surgery. Three days later, she underwent duraplasty and lumbar drainage.

The presence of gas or air within the cranial cavity is called pneumocephalus. It is usually associated with surgical interventions through the skull or traumatic injury. Serious clinically morbidity rarely occurs in case of pneumocephalus (1). Postoperative pneumocephalus in the frontal or intraventricular locations is rarely associated with postoperative cerebrospinal fluid (CSF) leak. However, pneumocephalus in the interhemispheric fissure, convexity, and parasellar/sellar/perimesencephalic areas is usually related to a postoperative CSF leak (2).

In case of tension pneumocephalus, there is a one-way valve mechanism that draws air into the skull. A serious intracranial mass effect can occur (1). It may result in altered mental status, generalized convulsions with/without focal signs, restlessness, or cardiac...
arrest. Early diagnosis and treatment are important because it is a life-threatening complication (3).

In conclusion, one cause of the occurrence of postoperative headache after neurosurgical procedures can be pneumocephalus. Urgent intervention is necessary to avoid tension pneumocephalus.

**References**

